Bedford First United Methodist Church Grace United Methodist Church Wesley Chapel United Methodist Church



Lawrence County UMC News

How Do You Read Your Bible?

Have you ever given much thought to how you read your Bible? One of my daily disciplines is to listen to an app called "Lectio 365" in the morning as I exercise on a treadmill. Maintaining an attitude of prayer takes the focus away from my ever-present impatience to get my scheduled 10-minute program over and finished for the day.

The August 20, 2025 morning devotion discussed one of my more unfavorable habits when reading the Bible. The host, Pete Grieg, shared this: "Sometimes, I approach the Bible in a utilitarian manner. I want to skim through it quickly to find something helpful which I can use, but Bernard reminds me that the Bible is primarily given for meditation and conversation with God, rather than information about him. (Grieg is speaking of St. Bernard of Clairvaux--a 12th century monk who founded the Order of Cistercians within the Roman Catholic Church).

Grieg continues by describing a technique called "Lectio Divina" (Latin for "divine reading"). The process is pretty simple:

- First select a text and read or listen to it
- Watch/listen for a specific word or phrase that jumps out at you within the passage (lectio)
- Step three is to meditate on the specific word or phrase (meditatio)
- Step four is responding with a prayer (oratio)
- Finally, sit for a while in contemplation (contemplatio)

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During the August 20 devotion, Grieg confesses that with "Lectio Divina, I read slowly, prayerfully, and with imagination as a conversation-starter with the Lord who has a 'message of happiness' for me today."

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Pastor's Message, Continued

The devotion ends with these excellent questions:

- "Do I study the Bible or pray the Bible?
- Do I read the scriptures, or am I read by the scriptures?
- Do I attempt to master them, or do I allow them to master me?
- How expectant am I as I open God's word today?"

Food for thought as we go and be God's church!

Blessings,

Soul Food

SOUL FOOD Book Club will meet on September 3 at 10:30 AM in the Friendship classroom to discuss *Fourteen Days: A Collaborative Novel* (multiple authors). Karyn Price will be leading the discussion.

Sherry Hardesty will lead the discussion on *I Am The Messenger* by Markus Zusak on October 1.

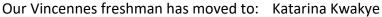
We also fellowship together by going to lunch at a local restaurant following our meeting. Meetings last from 10:30 to 11:30 on the first Wednesday of each month.

We look forward to all members attending and we welcome new members. Any questions, please contact Linda Schoonmaker at bill.schoonmaker@comcast.net.

~Linda Schoonmaker



Next Generation



354 Vigo Hall 3 E. Locust St.

Vincennes, IN 47591



Madison and Kayeh continue to do a wonderful job each Sunday in the nursery.

Richard is on the Varsity and Reserve Football teams at Bedford North Lawrence High School. Cheer him on at the following varsity home games on Friday nights starting at 7 PM:

- September 5 against Jeffersonville
- September 12 against New Albany
- September 26 against Jennings County
- October 10 against Monrovia

Reserve team home games are played on Saturday mornings beginning at 10 AM:

- August 30 against Bloomington North
- September 20 against Seymour
- October 4 against Floyd Central
- October 18 against Columbus East

~Pastor Judi





2 Judy Quyle

3 Nancy Cuba

8 Judy Clifton and Kathy Myers

11 Jean Roberts

12 Jerry Jackson and Milly Elliott

13 Bob Crane

18 Sylvia McBride

19 Katarina Kwakye

21 Joyce Chenowith



Sept. 2, Hospitality Committee at 9:00 AM, BFUMC

Sept. 3, Soul Food at 10:30 AM, BFUMC

Sept. 3, UMW at 1:00 PM, Grace UMC

Sept. 9, Administrative Council at 6:00 PM, BFUMC

Sept. 26, Pioneer dinner at 6:00 PM, Grace UMC

Last Monday of the month, Euchre at 2:00 PM

Every Tuesday, Men's Breakfast at Bob Evans at 9:00 AM

Every Tuesday, Grief Share at 2:00 PM (beginning Sept. 9)

Every Tuesday, Bible study at 4:00 PM

Every Thursday, Fiber Time at 2:00 PM

Every Saturday, Gideons at 8:00 AM

Every Sunday, Chimes Practice at 8:45 AM (beginning Sept. 14)

Every Sunday, Choir Practice at 9:30 AM (beginning Sept. 14)



Bedford First United Methodist Church

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Making disciples
Jesus Christ for
the transformation
of the world.